



Its time to start a new hobby: Crochet!



Crocheting is a great hobby to start because it's relatively easy to learn, it's great for relaxing and unwinding, and it can be used to make beautiful and useful items.

Crocheting can also be a great way to express creativity and hone fine motor skills. Plus, crocheting can be done anywhere, with minimal equipment, making it a perfect choice for someone who is looking for a new hobby.

Its not a difficult thing to learn. As computer scientist, with a few hours watching youtube videos and i already know how to do a single crochet or a double crochet stitch (i think its easier).

As a crochet beginner for less than a week, I can say that it's not a difficult activity.

I would like to have a hobby where I can relax, think and etc without being another physical activity.



This type of hobby can help us de-stress, relax and reduce anxiety in general.

Our lives are very busy and doing a calm activity like this can significantly reduce anxiety.

Crochet chain



A crochet chain is a basic crochet stitch used to start many crochet projects. It is created by looping yarn around a crochet hook and pulling the loop through the previous chain to create a new chain.

It is also used in many patterns to create a foundation chain that can be worked into.

Crochet chain is the beginning of the beginning. You can see how you can do it at the following video:

How to do a single crochet

You can watch a video here that teaches you how to do a single crochet:



How to double crochet

At the abbreviations, its known as DC. Double Crochet. Take a look at the video that teaches you:

Crochet as a hobby

I wrote three reasons for you to start crocheting as a hobby.

1. Crochet is an enjoyable and creative way to relax and unwind. It encourages mindfulness and improved concentration, as well as providing a sense of accomplishment when completed.
2. Crochet is a great way to express yourself and create unique items that you can make for friends, family, or even to sell.
3. Crochet is an inexpensive hobby that you can do almost anywhere, from the comfort of your own home to the great outdoors. All you need is a few basic supplies and a bit of time to get started.

The last thing: Its not a hobby for womens. Im a man and i started crocheting. Well, im not too good but im trying!

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